

The Comparison of Standard and Salvage Chemotherapy Regimens Regarding to CD34(+) Peripheral Stem Cell Harvesting Success

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ABSTRACT

Although regimens of harvesting peripheral stem cell vary from one center to another, the most common ones are chemotherapy plus growth factor or growth factor alone. We aimed to determine which variables of harvesting peripheral stem cells are effective on the number of harvested CD34+ cells and successful mobilisation defined as "the collection of $>2.0 \times 10^6$ CD34+ cells/kg b.w. with a maximum of three leukaphereses". From August 2008 to January 2011, the documents of 56 patients included in the autologous peripheral stem cell harvesting program were retrieved retrospectively. Regarding harvesting regimens, 28 patients (50.0%) were administered filgrastim 10 $\mu\text{g}/\text{kg}/\text{day}$ (filgrastim group), 18 patients (32.1%) were administered a standard regime with ifosphamide + etoposide + epirubicin + filgrastim 5 $\mu\text{g}/\text{kg}/\text{day}$ or cyclophosphamide + etoposide + filgrastim 5 $\mu\text{g}/\text{kg}/\text{day}$ (standard group), and 10 patients (17.9%) were administered a salvage regime + filgrastim 5 $\mu\text{g}/\text{kg}/\text{day}$ (salvage group). Rituximab was added if the disease was CD20 positive. The median number of CD34+ cells and the number of inadequate collection did not differ between these 3 groups. Transplantation before mobilization was found to have a negative effect on the harvesting success. The transplanted patients had a lower number of harvested CD34+ cells than the patients without transplantation history. But no clear relationship was seen between harvest success and the diagnosis of the patients, pretransplant response, radiotherapy history before mobilization, or mobilization with a standard regimen. Finally, the number of standard CT cycles before mobilization were found to have a borderline negative effect on the harvested CD34+ cells.

Keywords: G-CSF, Salvage chemotherapy, CD34+ cells, Harvesting, Autologous transplantation

ÖZET

CD34 Pozitif Periferik Kök Hücre Toplama Başarısında Standart ve Salvaj Kemoterapi Rejimlerinin Karşılaştırılması

Periferik kök hücre toplama rejimleri merkezden merkeze geçişle birlikte, en sık tercih edilen kemoterapi ile birlikte büyüme faktörü (G-CSF, GM-CSF) veya yalnızca büyüme faktörü uygulanmasıdır. CD34+ kök hücreler standart toplama rejimleri ardından toplanabileceği gibi salvaj kemoterapileri takiben de toplanabilir. Çalışmamızda standart toplama ve salvaj kemoterapi protokollerinin mobilizasyon başarısı açısından karşılaştırılması amaçlanmıştır. Ağustos 2008- Ocak 2011 arasında otolog periferik kök hücre toplama programına dahil edilen 56 hastanın dosyaları retrospektif olarak tarandı. Yirmi sekiz hastaya (50.0%) filgrastim 10 µg/kg/gün (1. grup-filgrastim), 18 hastaya (32.1%) ifosfamid + etoposid + epirubisin + filgrastim 5 g/kg/gün veya siklofosfamid + etoposid + 5 µg/kg/gün'den oluşan bir standart toplama protokolü (2. grup-standart), 10 hastaya (17.9%) ise bir salvaj rejim + filgrastim 5 µg/kg/gün (3. grup-salvaj) uygulanmıştı. Mobilize edilen median CD34+ hücre ve yetersiz toplama sayıları her üç grupta da benzerdi. Mobilizasyon öncesi nakil öyküsünün olması, toplama işleminin başarısı üzerinde negatif bir etkiye sahip bulundu. Nakil öyküsü olanlarda, olmayanlara göre toplanan CD34+ hücre sayısı daha düşüktü. Bununla birlikte hastaların tanıları, nakil öncesi hastalık durumları, mobilizasyon öncesi radyoterapi öyküsü gibi parametrelerin toplama işleminin başarısı üzerine etkisi saptanmadı. Çalışmamızda CD34+ hücre mobilizasyonu açısından standart toplama ve salvaj kemoterapi protokolleri arasında fark saptanmamıştır. Standart toplama ve salvaj kemoterapi protokollerinin mobilizasyon başarısı açısından karşılaştırılması için çok sayıda olgu içeren prospektif ve randomize klinik çalışmalara ihtiyaç vardır.

Anahtar Kelimeler: G-CSF, kurtarma kemoterapisi, CD34+ hücre, Hematopoetik kök hücre toplama, Otolog nakil

INTRODUCTION

Mobilization of progenitor cells into the blood is mandatory before harvesting via leukapheresis. This was achieved by administration of myelosuppressive drugs (cytotoxic mobilization), resulting in considerably increased peripheral blood progenitor cell (PBPC) levels during the recovery phase.¹ As recombinant human haematopoietic growth factors have become available for clinical application, it has been demonstrated that the PBPC pool can effectively be expanded by granulocyte colony-stimulating factor (G-CSF) and granulocyte-macrophage colony-stimulating factor (GM-CSF).²⁻⁴ Combination with cytotoxic therapy may further improve the yield of CSF-induced PBPC mobilization.^{3,5}

Previous studies in patients with lymphoma and leukaemia, using different mobilization protocols and varying definitions of 'poor mobilization', showed that 10-25% of all patients fail to mobilise a sufficient number of PBSC.⁶⁻⁸ Poor mobilization of PBSC has been associated with a number of mainly disease and treatment-related factors such as previous chemotherapy (CT) (ie large number of CT cycles for pre-mobilization), previous large-field radiotherapy, prior exposure to certain kinds of 'stem-cell toxic' CT (ie carmustine, melphalan, fludarabine), short interval from last CT to mobilization, tumour infiltration of bone marrow and high age.^{6,9-13}

In this study, we aimed to compare the efficacy of different pre-mobilization protocols on harvesting the number of CD34+ cells, including only G-CSF, G-CSF plus a standard CT regimen or G-CSF plus a salvage chemotherapy (SC).

PATIENTS AND METHODS

Patient Selection and Eligibility Criteria

We conducted a retrospective review of the 56 patients included in the autologous peripheral stem cell harvesting program in the Bayındır Hospital Bone Marrow Transplantation Unit From August 2008 to January 2011. Inclusion criteria were as follows: adequate organ function as defined by serum transaminase levels <3x upper limit of normal reference value; total bilirubin <2 mg/dL; creatinine clearance ≥60 mL/min; left ventricular ejection fraction greater than 45%, Eastern Cooperative Oncology Group (ECOG) performance status >2, white blood cell count >3500/ml, hemoglobin level >8 g/dl, platelets >100 000/ml. Patients were required to test negative for antibodies against HIV and to be free of active infection. There was no age restriction. Patients provided informed consent prior to inclusion. The study was approved by the respective local Ethics Committee.

Study Groups

Filgrastim Group

Twenty-eight patients (50%) were mobilised with filgrastim (nonglycosylated G-CSF; Neupogen®) at a dose of 10 µg/kg/day s.c. once daily. Filgrastim was commenced on day +2, continued until harvesting was completed.

Standard Group

Eighteen patients (32.1%) were mobilised with a standard chemotherapy regimen including cyclophosphamide (Cy) + etoposide or IEV (ifosfamide, etoposide, epirubicin) followed by filgrastim at a dose of 5 µg/kg/day s.c. once daily. Cy 4 g/m² with an equal dose of uromethexane intravenously (i.v.) was given on day 1, etoposide 200 mg/m² on days 1-3. The IEV regimen was administered consisting of ifosfamide 2.5 g/m²/d i.v. continuous infusion over 24 h on days 1-3, etoposide 100 mg/m²/d i.v. over 2 h on days 1-3 and epirubicin 100 mg/m² i.v. bolus on day 1. Uromethexane was administered at a dose of 2.5 g/m² i.v. prior to the first dose of ifosfamide, 2.5 g/m²/d i.v. continuous infusion on days 1-3 and over 12 h upon completion of the ifosfamide infusion. In addition, prophylactic phenytoin 300 mg/d was administered from D-1 to D+8. G-CSF was commenced 24 hours after the completion of the CT and continued until harvesting was completed for both protocols.

Salvage Group

Ten patients (17.9%) received a salvage chemotherapy including high-dose ARA-C (cytosine arabinoside), Hiper-CVAD (cyclophosphamide, doxorubicin, vincristine, dexamethasone), DHAP (cytosine arabinoside, cisplatin, dexamethasone), R (rituximab)-DHAP, BEAM (carmustine, etoposide, cytosine arabinoside, melphalan), R-BEAM, R-ICE (rituximab, ifosfamide, carboplatin, etoposide) followed by filgrastim using the same dose and schedule (see above) as for standard group (only the patients who administered ICE or R-ICE regimens, G-CSF was administered at 5 µg/kg on days 5-12).

Salvage Chemotherapy Regimens

The high-dose ARA-C regimen included cytosine arabinoside 3 g/m² twice daily on days 1-3. The Hyper-CVAD regimen consisted of Cy at a dose of 300 mg/m² per dose given i.v. over 3 hours every 12 hours for 6 doses on days 2-4. Uromethexane was started 1 hour before the start of Cy, at a dose of 600 mg/m² i.v. and was given over 24 hours daily on days 2-4, with the infusion completed 12 hours after administration of the last dose of Cy. Twelve hours after the last dose of Cy, doxorubicin at a dose of 26.3 mg/m² was given by continuous i.v. infusion over 24 hours daily on days 5-7. Vincristine at a dose of 1.4 mg/m² (maximum absolute dose, 2 mg) was given by i.v. infusion 12 hours after the last dose of Cy and was repeated on day 12 of the cycle. Dexamethasone at a 40 mg absolute dose was given orally or i.v. on days 2-5 and 12-15 of the cycle. The DHAP regimen was administered as follows: cisplatin 100 mg/m² was infused over 4 hours on day 1, cytosine arabinoside 2 g/m² in 3 hours i.v. twice a day on day 2, and dexamethasone 40 mg given orally or i.v. on days 1-4. The ICE regimen was administered as follows: etoposide 100 mg/m² i.v. on days 1-3; carboplatin 300 mg/m² (to a maximum dose of 800 mg) i.v. on day 2, ifosfamide 1700 mg/m² with an equal dose of uromethexane i.v. on days 1-3, and G-CSF administered at 5 µg/kg on days 5-12. The BEAM regimen included carmustine (BCNU) 60 mg/m² on day 2, etoposide 120 mg/m² on days 4-7, cytosine arabinoside 200 mg/m² q12h on days 4-7, and melphalan 30 mg/m² on day 3. Rituximab 375 mg/m² was added if the disease was CD20 positive. Total white blood count (WBC), mononuclear cells, and CD34+ cells were analysed daily during haematopoietic recovery.

Leukapheresis

Leukapheresis was performed with a continuous flow blood cell separator (Fresenius) using a double-lumen central-venous catheter. Ten to 12 (median 11) liters of blood were processed daily at a flow rate of 30-60 mL min⁻¹. The harvest products were frozen and cryopreserved in 10% DMSO at -196°C using standard techniques. All patients tolerated the mobilization and cell separation procedures well.

Table 1. Patient characteristics, total and median number of aphereses, median number of CD34+ cells and the number of inadequate collection

Groups	Filgrastim	Standard	Salvage	p
Number of patients (%)	28	18	10	0.157
Women	10 (35.7%)	10 (55.6%)	2 (20%)	
Men	18 (64.3%)	8 (44.4%)	8 (80%)	
Age	47.0 ± 13.8	46.4 ± 12.0	34.5 ± 16.0	0.043
Total number of aphereses	37	23	12	0.271
Median number of aphereses (range)	2 (1-4)	2 (1-4)	2 (1-3)	0.273
Median number of CD34+ cells x10 ⁶ /kg (range)	5.4 (1.2-11.8)	8.3 (0.3-41.4)	5.4 (0.6-13.7)	0.131
The number of inadequate collection (%)	4 (10.8%)	3 (13.0%)	4 (33.3%)	0.210

Harvest of Stem Cells

The time of apheresis depended on the CD34 + cell count of the peripheral blood. Post nadir, the WBC was analysed daily to identify regeneration (WBC >1.0 x 10⁹/l), after which the number of CD34+ cells in blood was determined daily. Leukapheresis was commenced when the total white count reached 1 x 10⁹/l or when levels of CD34 cells reached 30/ml. Leukapheresis and CD34+ cell selection continued until at least 2 x 10⁶ CD34 enriched cells had been stored. "Successful mobilization" was defined as "the collection of >2.0 x 10⁶ CD34+ cells/kg b.w. with a maximum of three leukaphereses".

RESULTS

I. Patient characteristics

The filgrastim, standard and salvage groups included 28 (50%), 18 (32.1%), and 10 (17.9%) patients, respectively. Of 56 patients, 22 were female (39.3%) and the median age was 44.6 years (range: 16-71 years). There was no significant difference between groups in terms of sex (Table 1), but the salvage group was significantly younger than the filgrastim group (p= 0.041). The distribution of underlying diagnoses in the patients is given in Table 2.

Table 2. The diagnosis of the patients

	Filgrastim (%)	Standard (%)	Salvage (%)	Total (%)
MM (%)	11 (39.2%)	8 (44.4%)	0 (0%)	19 (33.9%)
AML and ALL (%)	1 (3.5%)	2 (11.1%)	4 (40.0%)	7 (12.5%)
NHL (%)	8 (28.5%)	6 (33.3%)	3 (30.0%)	17 (30.3%)
HD (%)	6 (21.4%)	2 (11.1%)	3 (30.0%)	11 (19.6%)
Others (%)	2 (7.1%)	0 (0%)	0 (0%)	2 (3.5%)
Total (%)	28 (100%)	18 (100%)	10 (100%)	56 (100%)

Abbreviations: MM: Multiple myeloma; AML: Acute myelogenous leukemia; ALL: Acute lymphoblastic leukemia; NHL: Non-Hodgkin lymphoma; HD: Hodgkin disease

Table 3. Relation between harvest success and pretransplant response, previous radiotherapy/transplantation history, diagnosis of the patients and mobilization with standard chemotherapy

The number of harvested CD34+ cells x 10 ⁶ /kg (range)	p
Pretransplant response	0.121
CR	6.4 (1.6-41.4)
PR	4.3 (0.3-39.7)
Radiotherapy before mobilization	0.887
Yes	6.5 (0.3-27.8)
No	6.2 (0.6-41.4)
Transplantation before mobilization	0.017
Yes	4.1 (0.6-6.8)
No	6.4 (0.3-41.4)
Diagnosis	0.304
MM	7.2 (0.8-39.7)
AML + ALL	6.5 (2.5-11.6)
NHL	5.6 (0.6-41.4)
HD	4.8 (0.3-11.1)
Mobilisation with standard regimen	0.740
IEV	8.8 (0.8-39.7)
CYC + EP	7.9 (0.3-41.4)

Abbreviations: CR: Complete remission; PR: Partial remission; MM: Multiple myeloma; AML: Acute myelogeneous leukemia; ALL: Acute lymphoblastic leukemia; NHL: Non-Hodgkin lymphoma; HD: Hodgkin disease; IEV: Iphosphamide, etoposide, epirubicin; CYC: Cyclophosphamide; EP: Etoposide

Ia. Filgrastim Group

The median number of leukaphereses was 2 per patient (range: 1-4). The median number of harvested peripheral CD34+ cells was 5.4 x 10⁶/kg (range: 1.2-11.8 x 10⁶ CD34+ cells/kg). 4 aphereses (10.8%) were insufficient (Table 1).

Ib. Standard group

Ten patients (%55.5) received Cy + etoposide, and 8 (%44.5) patients received IEV. The median number of leukaphereses was 2 per patient (range: 1-4). The median number of harvested peripheral CD34+ cells was 8.3 x 10⁶/kg (range: 0.3-41.4 x 10⁶ CD34+ cells/kg). 3 aphereses (13.0%) were insufficient (Table 1).

Ic. Salvage group

The median number of leukaphereses was 2 per patient (range: 1-3). The median number of harvested

peripheral CD34+ cells was 5.4 x 10⁶/kg (range: 0.6-13.7 x 10⁶ CD34+ cells/kg). 4 aphereses (33.3%) were insufficient (Table 1).

The total and median number of aphereses, the median number of CD34+ cells and also the number of inadequate collection were not significantly different between study groups (Table 1).

II. The effects of disease and treatment related factors on harvesting process

IIa. Disease status before harvesting procedure

The median number of harvested peripheral CD34+ cells was not statistically different in patients with complete or partial remission (Table 3).

IIb. Effect of previous radiotherapy

The median number of harvested peripheral CD34+ cells was not statistically different in patients treated with radiotherapy or untreated previously (Table 3). Sixty-one (84.7%) of the 72 aphereses was accepted as successful (>2.0 x 10⁶ CD34+ cells/kg b.w.). Five (8.2%) of the sufficient aphereses, and 2 (18.2%) of the insufficient aphereses had a previous history of radiotherapy. But the difference was not statistically significant (Table 4).

IIc. Hematopoietic stem cell transplantation before harvesting

The median number of harvested peripheral CD34+ cells was 4.1 x 10⁶/kg (range: 0.6-6.8 x 10⁶ CD34+ cells/kg) and 6.4 x 10⁶/kg (range: 0.3-41.4 x 10⁶ CD34+ cells/kg) in patients received hematopoietic stem cell transplantation or not. The median number of CD34+ cells was significantly higher in patients without transplantation (Table 3). Of the 61 sufficient aphereses, 5 (2.7%) of them had a previous transplantation history, while this number was 3 (4.1%) in insufficient aphereses. But the difference was not statistically significant (Table 4).

IId. Effect of diagnosis

The median number of harvested peripheral CD34+ cells of the patients was not statistically different according to their diagnosis (Table 3).

Table 4. Effect of mobilisation regimen, HSCT and radiotherapy before mobilisation in patients with inadequate and adequate collection

	Inadequate collection	Adequate collection	p
Groups			0.210
Filgrastim	4 (10.8%)	33 (89.2%)	
Standard	3 (13.0%)	20 (87.0%)	
Salvage	4 (33.3%)	8 (66.7%)	
HSCT before mobilization			0.098
Yes	3 (27.3%)	5 (8)	
No	8 (72.7%)	56 (91.8%)	
RT before mobilization			0.289
Yes	2 (18.2%)	5 (8.2%)	
No	9 (81.8%)	56 (91.8%)	

Abbreviations: RT: Radiotherapy; HSCT: Hematopoietic stem cell transplantation

Iie. Effect of standard regimens (Cyc + etoposide or IEV)

The median number of harvested peripheral CD34+ cells of the patients was not statistically different in patients received Cyc + etoposide or IEV (Table 3).

Iif. The effect of age and number of chemotherapy cycles

Age, total number of CT cycles and SC cycles were not found to be related with the number of harvested CD34+ cells. However, a statistically borderline difference ($p= 0.048$) between the number of harvested CD34+ cells and the number of standard CT cycles were found (Table 5).

Statistical Analysis

Data analysis was performed by using SPSS for Windows, version 11.5 (SPSS Inc., Chicago, IL, United States). Whether the distributions of continuous variables were normally or not was determined by using Shapiro Wilk test. Continuous variables were shown as mean \pm standard deviation or median (minimum-maximum), where applicable. The mean ages were compared by using One-Way ANOVA. While the median values between two groups were analyzed by Mann Whitney U test, otherwise, Kruskal Wallis test was used when the

number of independent groups was more than two. Nominal data were analyzed by Pearson's Chi-square or Fisher's exact test, where appropriate. Degrees of associations between continuous variables were evaluated by Spearman's correlation test. A p value less than 0.05 was considered as statistically significant.

DISCUSSION

In this retrospective analysis, 56 patients and 72 aphereses with various hematologic malignancies were evaluated. The following significant results emerged from this study. The patients in the salvage group were significantly younger than the patients in the filgrastim group. The use of only filgrastim, standard CT plus filgrastim or SC plus filgrastim resulted in the successful collection of adequate numbers of PBSC, in 61 of 72 harvesting procedures (91.6%) by a median of 2 apheresis. Interestingly, the median number of CD34+ cells and the number of inadequate collection did not differ between 3 procedures. On the other hand, transplantation before mobilization was found to have a negative effect on the harvesting success. The transplanted patients had a lower number of harvested CD34+ cells than the patients without transplantation history. But no clear relationship was seen between harvest success and the diagnosis of the patients, pretransplant response, radiotherapy history

Table 5. The correlation and significance between the harvested CD34+ cells and age, total number of CT cycles, the number of standard cycles and the number of SC cycles before mobilisation

	Correlation Coefficient	p value
Age	-0.096	0.423
Total number of CT cycles before mobilisation	-0.174	0.144
Number of standard CT cycles before mobilisation	-0.234	0.048
Number of SC cycles before mobilisation	-0.126	0.293

Abbreviations: CT: chemotherapy; SC: salvage chemotherapy

before mobilization, or mobilization with a standard regimen (Cyc + Etoposide or IEV). Finally, the number of standard CT cycles before mobilization were found to have a borderline negative effect on the harvested CD34+ cells.

There is a good correlation between the number of CD34+ cells infused and haematopoietic recovery¹⁴, and a threshold number of $>2 \times 10^6$ CD34+ cells/kg b.w. has been found to ensure prompt autologous engraftment.¹⁵ PBPC collection should start immediately after the WBC has exceeded 10.0 nL/l and might be terminated as soon as more than 2×10^6 CD34+ cells are harvested.¹⁶ The optimal scheduling of G-CSF, as combined with CT for mobilization of PBSC, is not known and may depend on the CT regimen used.¹⁰ In most protocols, G-CSF is started 1-2 days after CT and administered once daily until completion of leukapheresis. However, results from two nonrandomised studies of PBSC mobilization (not including AML patients) suggest that the addition of G-CSF may be delayed until 5–8 days after chemotherapy.^{17,18} In the present study, regular measurements of CD34+ cells in blood were performed during recovery ($WBC > 1 \times 10^9/l$) after chemotherapy. G-CSF was commenced at a dose of 10 $\mu\text{g}/\text{kg}/\text{day}$ in filgrastim group and 5 $\mu\text{g}/\text{kg}/\text{day}$ in standard and salvage groups, on day +2, continued until harvesting was completed.

The mobilization of PBSC has been shown to be more effective in patients at diagnosis as compared with patients with refractory or relapsed lymphoma.¹⁹ However, SC regimens have also shown to be effective in mobilizing adequate number of PBSC. The use of DHAP followed by G-CSF 10

$\mu\text{g}/\text{kg}$ resulted in the successful collection of adequate numbers of PBSC in 97.1% of patients with a median harvest of CD34+ cells of $13 \times 10^6/\text{kg}$. More than 2.0×10^6 CD34+ cells/kg were achieved in 63% patients after 1 apheresis, the maximum number of aphereses for all patients was 3. It was found that the optimal time of PBSC harvest was at days 13-16 after initiating the mobilization regimen.²⁰ In a previous study using DHAP as salvage treatment in 79 patients with non-Hodgkin's lymphoma and HD, 85.5% of patients achieved at least $\geq 2 \times 10^6/\text{kg}$ CD34+ cells and only 10% of patients with HD failed the mobilization.²¹

Patients who mobilize PBPC poorly are also likely to have poor quality marrow, and may also have a greater degree of marrow stromal damage. The number of cycles and duration of previous chemotherapy, the interval between previous chemotherapy and mobilization, and exposure to stem cell toxic drugs such as melphalan and nitrosoureas have all been correlated with PBPC yield.²² Similarly Clark et al. suggested that previously treated patients with melphalan or carmustine were associated with a significantly lower yield of CD34+ cells. In contrast, no relationship was seen between the time from previous chemoradiotherapy and harvest outcome.²³ In the present study, potentially stem cell toxic agents were not preferred for therapy.

Our analysis has several limitations. First, it is a retrospective analysis. Second, the small sample size limits its statistical power. Despite its limitations, our study gives an idea of some disease and treatment-related factors on the efficacy of harvesting adequate numbers of PBSC in patients with various hematological malignancies.

CONCLUSION

The median number of CD34+ cells and the number of inadequate collection were similar between the filgrastim, standard and salvage groups. Transplantation before mobilization was found to have a negative effect on the harvesting success. The transplanted patients had a lower number of harvested CD34+ cells than the patients without transplantation history. But no clear relationship was seen between harvest success and the diagnosis of the patients, pretransplant response, radiotherapy history before mobilization, or mobilization with a standard regimen. The number of standard CT cycles before mobilization were found to have a borderline negative effect on the harvested CD34+ cells. Further studies are needed to examine the optimal clinical approach in patients who mobilise PBPC poorly following conventional mobilising schedules.

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